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PUBLISHER'S NOTE

THE KICKOFF Sun, Grills, & Family

With June here, we celebrate the start of summer, the bonds of family, and the profound impact of Father's Day.

June is here, bringing longer days, warmer nights, and the perfect excuse to slow down and enjoy the season. The summer solstice marks the longest day of the year, a reminder to make the most of every extra moment – whether that means hitting the open road, gathering with friends, or simply enjoying the sun on your face. It's the season of possibility, and there's no better time to lean into it.

This month, the focus for *Stroll Quail Hollow* is squarely on connection, especially as we approach Father's Day. It's a dedicated time to acknowledge the profound influence of the men who shaped us — fathers, grandfathers, and the mentors who offered guidance and support. Their strength, wisdom, and often quiet care create a lasting legacy. I hope you'll join me in celebrating these guys who truly make a difference. Inside, you'll find inspiration and stories dedicated to this important day.

The summer energy is in full swing, making our neighborhoods the place to be. You'll see local calendars filling up, backyards becoming the go-to gathering spots, and vacation plans finally taking off. In this issue, we feature 2 amazing local non-profit organizations, along with inspiring stories from our community, key event listings, and practical insights from the local businesses we partner with. Their commitment is essential to keeping *Stroll Quail Hollow* thriving, and we are genuinely thankful for their support and for you, our readers.

My hope is that this issue gives you everything you need for a memorable summer. Here's to making the most of the long days and enjoying a great season of connection. Hug your dads this month!

Andrea Kroger

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Making Waves: **MEET COACH** **JACKIE HAENLEIN**

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MAKING WAVES: MEET COACH JACKIE HAENLEIN

When Jackie Haenlein talks about summer swimming, her enthusiasm is impossible to miss. For her, the pool has never been just a place to compete. It has been a second home, a classroom, a community, and now a place where she pours her energy into the next generation. A Charlotte native, Jackie grew up in South Charlotte and spent her childhood on the swim team at Beverly Woods East. She began swimming at age four and remained in the sport through her senior year of high school. Today, at 34, she serves as Head Swim Coach, leading a remarkable program of more

than 200 swimmers ranging in age from four to eighteen.

During the school year, Jackie teaches first grade at Beverly Woods Elementary School, a role that perfectly reflects her love for helping children learn and grow. Whether she is teaching in the classroom or encouraging a swimmer at practice, her focus remains the same: building confidence and helping young people discover what they can achieve.

Jackie began coaching while still a freshman in high school and has now spent fourteen years mentoring young swimmers. As head coach for the past six seasons, she oversees a staff of fifteen coaches, coordinates meet

entries, communicates with families, and manages the countless details that keep one of the areas largest summer swim programs running smoothly.

Ask Jackie what keeps her coming back year after year, and her answer reveals a great deal about her character. She remembers how meaningful summer swim was during her own childhood—the friendships, the excitement, and the encouragement she received from older swimmers. Now she finds joy in giving that same experience to others. She describes it simply as a way of giving back to the community that gave so much to her family.

That commitment, combined with the dedicated support of team representatives Lee Ann Barrineau and Heather Nalls, has helped create one of the areas most successful summer swim

programs. Under Jackie's leadership, the team has captured five consecutive All-Star Championships. Yet she speaks of those accomplishments with characteristic humility, preferring to celebrate the teamwork, friendships, and personal growth of her swimmers rather than the trophies themselves.

This October, Jackie will marry her fiancé, Daniel Russell, one of her biggest supporters and a familiar face cheering from the sidelines. For the hundreds of young swimmers who pass through her program, Coach Jackie is doing far more than teaching strokes and turns. She is helping shape confident, capable young people—one lap at a time.

Jackie and her family at the beach



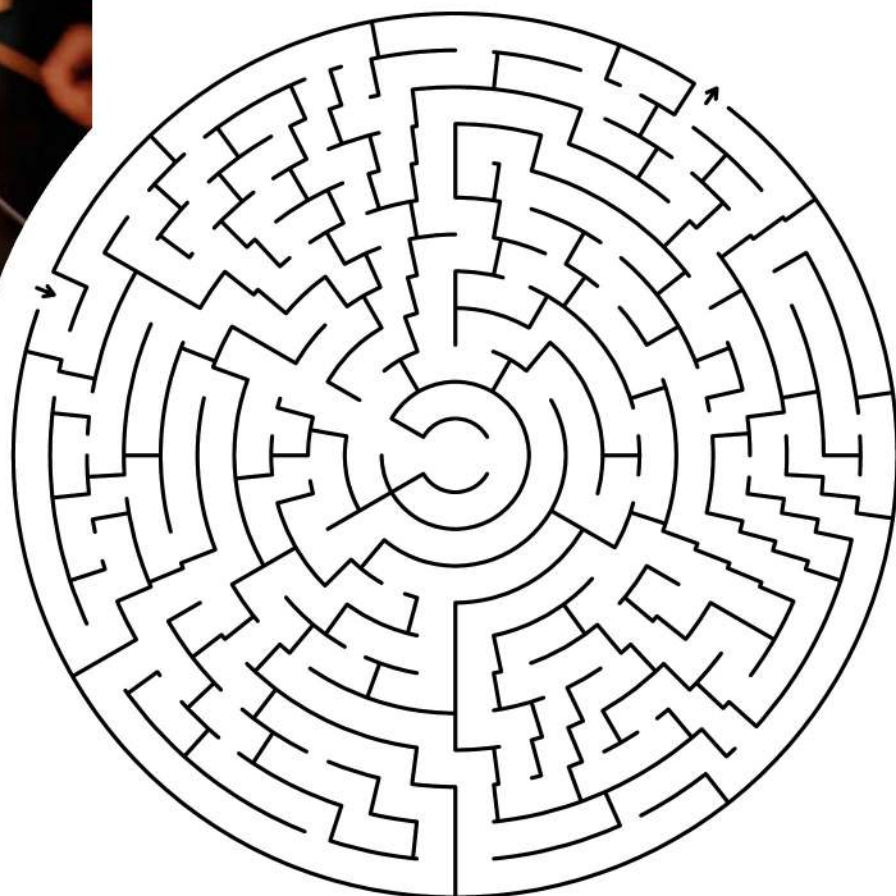
Peaches and Parks



FUN & GAMES

S'MORE FUN THIS WAY

Solve this maze and get the marshmallow to the campfire to create the perfect summer camping treat! BY CAROLINE EDWARDS



Think you cracked it? Scan to check your answers!



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Can you color by the numbers to complete this fun summer camp scene?

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The Summer Checklist

Combat rising temperatures and utility costs with essential prep work. This comprehensive checklist will get your home summer-ready, from cooling systems to outdoor living spaces. BY CAROLINE EDWARDS

AS THE WEATHER WARMS, a strategic preparation of your home is crucial for comfort and savings. This goes beyond simple spring cleaning; it's a proactive defense against high utility bills and unexpected breakdowns.

Your most critical investment is in your HVAC system. Schedule a professional tune-up immediately. A certified technician will meticulously clean coils, verify the refrigerant charge, and address minor issues that could lead to a major breakdown on the hottest day. Complement this by checking your home for air leaks. Every door and window that allows cool air to escape is money wasted. A quick application of weatherstripping and caulk offers a monumental return on efficiency.

Next, revitalize your outdoor spaces. Give neglected patio furniture a deep clean with warm water and gentle detergent. Inspect your deck or patio for hazards like loose nails and consider applying a fresh coat of protective sealant to preserve its structural integrity and enhance curb appeal.

Finally, prepare for the inevitable summer chaos: the influx of wet towels and sandy feet. Establish an organized entry or mudroom. Install sturdy hooks for gear, designate an accessible bin for flip-flops and water toys, and ensure there is a clear "drop zone." By completing this checklist, you are fortifying your home to fully and effortlessly embrace the long, joyous summer season.



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Here are three simple, hydrating recipes to get your mixology started:

- **STRAWBERRY BASIL COOLER:** Muddle a handful of fresh strawberries and 3-4 basil leaves in the bottom of a glass. Fill with ice and top with sparkling lemon water. The basil adds a surprising, peppery lift to the sweet strawberries.
- **RASPBERRY ROSEMARY FIZZ:** In a small saucepan, simmer a cup of raspberries, a few sprigs of rosemary, and a splash of water until the berries break down. Strain the mixture to create a simple syrup. To serve, add a tablespoon of the syrup to a glass filled with ice and top with plain sparkling water.
- **BLUEBERRY MINT MOJITO (NO-JITO!):** This is a classic twist. Muddle fresh mint and blueberries with a teaspoon of lime juice. Add crushed ice and top with club soda.

MIXING AND PRESENTATION TIPS: To elevate your mocktail, use large ice cubes or frozen fruit instead of small, fast-melting cubes. Always "muddle" herbs and fruits gently to release their flavor without making them bitter. Finally, use beautiful glassware and garnish generously with fresh herb sprigs or lime wedges for a professional, eye-catching finish.

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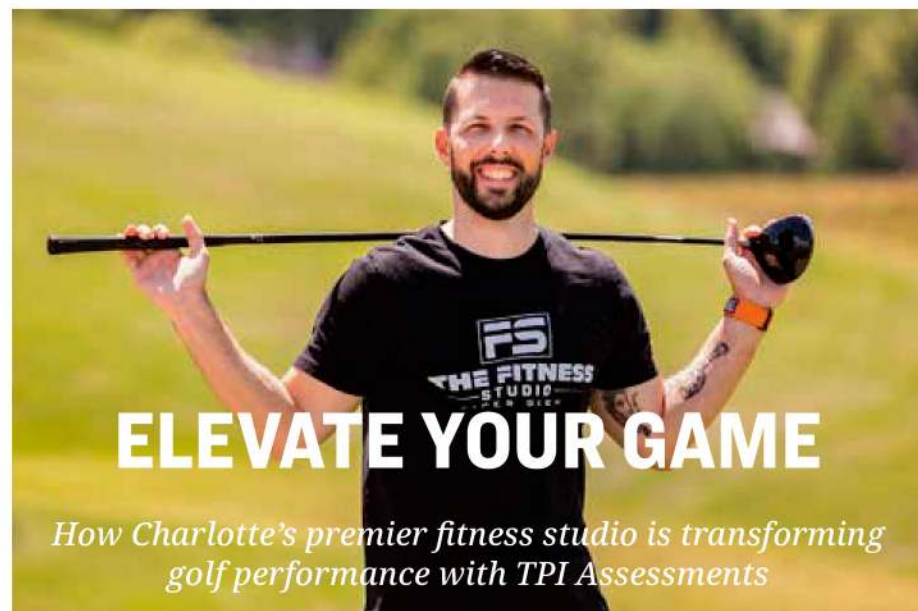
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IN CHARLOTTE'S COMPETITIVE GOLF SCENE, every swing tells a story. From the rolling fairways of Quail Hollow to the private greens of Myers Park Country Club, local golfers are continually seeking a competitive edge—one that goes beyond new clubs or lessons and dives into the science of how their bodies move. At the forefront of that pursuit is a growing trend that blends elite fitness, biomechanics, and athletic precision: the Titleist Performance Institute (TPI) Assessment, now offered at The Fitness Studio,

Charlotte's premier private fitness studio conveniently located in Piper Glen.

This isn't just another workout or swinganalysis service. The TPI methodology is the gold standard in golf performance, trusted by over 90% of professional tour players and their training teams. The system is designed to identify physical limitations that directly affect a golfer's swing—mobility restrictions, stability imbalances, strength deficiencies, and movement inefficiencies that subtly erode performance and, over time, increase the risk of injury.



ABOUT THE SPECIALIST

About the Specialist

Wade Haras, certified TPI instructor and golf performance specialist, delivers precision-based evaluations and customized training programs designed to improve swing efficiency, power, and longevity. Learn more about Wade's approach.

"This is the performance blueprint trusted by tour professionals—now in Charlotte."

—WADE HARAS

At The Fitness Studio, this assessment is led by Wade Haras, a certified TPI instructor and golf performance specialist known for guiding golfers toward stronger, more efficient, and painfree play. During the TPI screening, Wade walks clients through a comprehensive movement evaluation that uncovers the ways each individual body part influences the mechanics of the golf swing. It's a precision driven, personalized experience that replaces guesswork with insight—showing exactly how hips, shoulders, and core engagement work together to shape a player's performance.

"Every golfer has a unique physical blueprint," says Haras. "When we understand what the body can and can't do, we can design a smart, customized program to help the swing function at its best. That's the same foundation used by elite PGA professionals—just adapted for golfers here in Charlotte who take their game seriously."

From there, Wade and his team develop a bespoke training program based on the assessment results. Some golfers work to build rotational power and core stability, while others focus on shoulder mobility, hip sequencing, or balance. The workouts are fully customized, often incorporating functional movement drills, resistance systems, mobility training, and sport specific strength exercises—all with the goal of improving swing efficiency, distance, and control. Each TPI

assessment also comes with a full swing body-connection analysis report.

The studio itself matches the caliber of its method: modern, private, and deeply personalized. The quiet, appointment only setting is tailored for high performance coaching, offering privacy and focus far beyond what's found in traditional gym environments. It's a space where Charlotte's business leaders, athletes, and golf enthusiasts can train with intention—and see measurable progress on and off the course.

Clients frequently report noticeable results within weeks with longer drives, smoother tempo, and renewed confidence in their body's ability to perform. Beyond performance, the program's benefits extend into overall wellbeing—improved mobility, stronger posture, and fewer aches and pains translate into healthier, more enjoyable everyday movement.

As Charlotte grows into one of the Southeast's most vibrant wellness and golf destinations, The Fitness Studio is leading the way in performance innovation. The TPI Assessment, once reserved for

professional athletes, is now accessible to dedicated golfers who want to optimize their bodies with the same precision and purpose as the pros.

Golfers ready to elevate their game can schedule a TPI Assessment with Wade Haras by visiting www.TheFitnessStudioCharlotte.com or by calling 704-819-9576. Whether you're looking to gain distance, reduce pain, or simply unlock your body's full potential, this is where science meets the swing—right in the heart of Charlotte's Piper Glen community or Wade can come to you offsite.

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If your body isn't moving the way it should, your golf game is paying the price. Our TPI Assessment is the gold standard for identifying how your physical limitations may be affecting your swing - and your performance.

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MAKING A DIFFERENCE

Seeds of Hope Scholar Dinner

*Celebrating our
2026 Scholars*

PHOTO CREDIT TO KOBI COLE PHOTOGRAPHY

ON MAY 6, we celebrated the
Seeds of Hope Scholar Award night
at Myers Park Country Club.

Our neighbor and
Executive Director
Laura Swisher

CONGRATULATIONS TO

Jaime Villagomez Herrera

Naszir Smalls

Neveah McCain

Jiaya Smith

Madison Purifoy-Smooths

Angel Arano Lagunes

Each Scholar received
a \$20,000 scholarship



Stories that Inspire Luncheon

Watch Love Grow: Honoring loss with love

Some acts of kindness begin quietly — with one bouquet, one thoughtful delivery, one person choosing to see someone else's pain. For Charlotte nonprofit Watch Love Grow, that simple gesture has blossomed into a powerful movement of remembrance, compassion, and community.

Founded by Ashley Manning, Watch Love Grow began in 2021 as a Valentine's Day outreach for widows. What started with about 125 recipients has grown into a nonprofit serving thousands, including widows, widowers, and grieving mothers, with flowers, gifts, and heartfelt reminders that their loved ones are not forgotten.

Photo credit
Brittany Sue Photo



AN AFTERNOON OF LOVE AND COMMUNITY

On April 24, Stroll Quail Hollow and Stroll Providence had the honor of attending the Watch Love Grow luncheon at Carmel Country Club. Lauren Solomon, national sales director for Stanley1913, gave the Keynote address. She shared her success at Stanley1913 and how she helped turn a single product into a cultural phenomenon. The gathering was an opportunity to come together, share stories, reconnect and be inspired. Thank you to our partners who joined us for the event.



At the heart of the mission is a tender idea: certain days can feel especially heavy after loss. Valentine's Day and Mother's Day, often filled with celebration for many, can be deeply painful for those grieving a spouse or child. Watch Love Grow steps into those moments with intentional acts of remembrance — delivering beauty, comfort, and the message, *you are seen, you are loved, and your grief matters.*

The work is deeply personal, but it is also beautifully communal. Volunteers gather to prepare bouquets, gift bags, and deliveries, turning compassion into action. In 2026, the organization planned to deliver 2,000 bouquets and gift bags for Valentine's Day, with around 1,500 volunteers helping bring the outreach to life.

Watch Love Grow has also expanded its reach to bereaved mothers, with a Mother's Day outreach created to honor women who have lost a child. This year, the nonprofit planned to deliver flowers and gifts to 700 grieving mothers in the Charlotte area.

What makes Watch Love Grow so special is not only the flowers, but the meaning behind them. Each delivery says: your love story still matters. Your child is remembered. Your loss has not gone unnoticed. In a world that often moves quickly past grief, Watch Love Grow pauses, remembers, and shows up.

For our Stroll community, this mission is a beautiful reminder that love does not end with loss. Sometimes, it grows in the hands of neighbors, volunteers, friends, and strangers who choose to carry it forward.



The Seasonal Porch Stylist

YEAR-ROUND CURB APPEAL

BY CONTENT ASSISTANT ANDREA POWELL



A home's curb appeal adds to the attractiveness of the neighborhood, makes your house feel inviting, and helps when putting it on the market. Decorating your porch for the current season is a great way to enhance curb appeal. And an even better way is to let Christine Davies of The Seasonal Porch Stylist do it for you.

While Christine and her husband were living in Brooklyn, NY, they decided they wanted a better life for their growing family. They found Waxhaw on YouTube, came for a visit in February 2017 and "fell in love." Both in the banking industry, they quickly found positions at Wells Fargo and had moved by summer.

What began as a hobby eventually became a new career for Christine. "Growing up, my mom always did a little something for the seasons and holidays, especially around Christmas, and I guess it rubbed off on me," she explains. Her own house in downtown Waxhaw has a huge front porch, a place where her family spends a lot of time, and it made her happy to decorate it according to the season because, "Our porch, the entryway to our home, should be as inviting as the inside." Inspired by the entrances in her husband's hometown, London, she realized, "There's no reason why our homes and businesses can't look just as amazing and welcoming in the Queen City."



Christine is the lead designer; however, she is very hands-on when it comes to execution and installation. She relishes a challenge, working one-on-one with the homeowners and businesses to ensure their vision comes to life. Many of Christine's designs include elements that she handmakes, from the floral installations to the holiday garlands. These are all custom designs.

Understandably, The Seasonal Porch Stylist is busiest during the fall and going into the holidays. To best serve her clients, Christine finds that working with around 20 clients at a time is the "sweet spot." The process is simple: a consultation covers interests, needs, budget and timeline. "Within a week, I provide an inspiration board based on their vision, and once they approve, I get to work," Christine describes. "As a designer, I always try to include an element of surprise for my clients." She encourages customers to think ahead and secure install dates as early as possible, especially since spots are limited. She tries to finalize holiday designs in July and August and fall designs in May and June, ensuring clients' needs are met and delivered exactly how they want during the busiest time of year.

Christine considers all the home's elements for her design. "I offer a very curated service," she says. "Whether you need furniture, have many stairs or desire special lighting, I want your welcome to feel exactly how you want it, season after season, right down to the door mat." Prices vary for an installation, but projects typically start at around \$1,200.

While much of her time is spent on designs in September through December, Christine loves sprucing up entryways during the spring as well. "It's a great time to wake up your porch," she notes. But an even better idea is to subscribe to her year-round service. "Our subscribers receive priority throughout the seasons, and they also receive a price break. Plus, I get to know their porch intimately." She goes on to add, "This is one of those 'I hit the easy button' decisions. I figure out what the porch needs and what you want, season after season, without you having to request it or lift a finger. I'll get to know your style and eliminate decision fatigue." The benefit to you? Throughout the year,



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your porch or entryway will make a welcoming statement, customized and intentional for your home.

Christine brings the "wow" factor – the seasonal foliage, the wreath, the lights, the doormat the small details. She works with a wide variety of textures, using both real and faux elements, to create a one-of-a-kind look that elevates your entire neighborhood. If this is what you're looking for, the Seasonal Porch Stylist should be your first call.

For more information and to see a gallery of her work, visit theseasonalporchstylist.com.



HEY GRADUATES

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All summer long we will celebrate our Quail Hollow graduates. Send us your photos and information to strollquailhollow@gmail.com.



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Share Your Stories & Photos With Us

Stroll Quail Hollow is your neighborhood publication. Break out your cameras and share your pictures with us for our May 2026 issues. Please send pictures to us at strollquailhollow@gmail.com for our upcoming issues. Pictures must be 1 MB or larger to be of good print quality.

NEW TO THE NEIGHBORHOOD?

Are you and your family new to Quail Hollow? If so, welcome! Please send your contact info to Andrea at andrea.kroger@n2co.com to be added to our monthly sneak peek email and event invitation list. To submit an idea, photo or article, please email us at andrea.kroger@n2co.com



HERE ARE A FEW SUGGESTIONS FOR PHOTO SUBMISSIONS:

Holiday - We want to see all your photos of decor, events and family.

Milestone Celebrations - Do you or a loved one have a milestone birthday or anniversary coming up? Send us some photos!

Weddings - We'd love to share photos from spring weddings in our community. Share the love by sending your special wedding day pictures to us!

Family and Neighborhood Gatherings - *Stroll Quail Hollow* is all about family and community. Our favorite photos are those of kids playing, birthday parties and neighborly gatherings.

Graduation - We will be celebrating our graduates all summer long.

Travels - We would love to see all the exciting places you visited over spring break

Pets - We would love to see your fur babies or feather babies



Cool kids - Do you have a "cool kid" in your house?

Athletes - Are you running a marathon? Do you have an athlete in your family? Are you a dancer?

Neighborhood Events - Any parties or events happening in the neighborhood

Local Nonprofits - Local nonprofits are changing the lives of Charlotte residents. Do you volunteer for a great organization? Are you a board member of an awesome organization making a difference?

Resident Business Guide - Do you own a business? We have guide. Email us to have your business listed.


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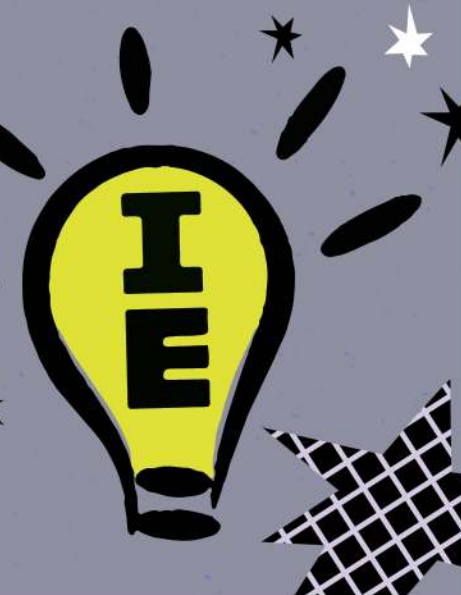
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